



Thursday, July 17	Session	Location/Room
10:00 AM - 11:30 AM	<b>Participant Check-in</b>	Chandler Dorm
10:30 AM - 12:30 PM	<b>Pre-Retreat Luau Party</b>	Festival Grand Ballroom
11:00 AM - 12:30 PM	<b>Lunch</b>	Festival Grand Ballroom
12:30PM - 1:30 PM	<b>Welcome/Opening Ceremony</b> Overview of YOVASO, Retreat goals, team roles, and what to expect this week!	Festival Grand Ballroom
1:30 PM - 3:00 PM	<b>Team Introductions</b> <ul style="list-style-type: none"> <li>- Get to know your Youth Leader and Trooper</li> <li>- Q/A with team trooper on why they became a trooper, what they do, teen driving laws, and why they are involved in YOVASO</li> <li>- Icebreakers</li> <li>- Review Retreat rules, goals, agenda, and Retreat purpose</li> <li>- Team Flag Design</li> </ul>	Festival Grand Ballroom
1:45 PM - 3:00 PM	<b>Sponsor/SRO Session</b> Retreat overview for adult leaders. YOVASO focus for 2025-26. YOVASO project planning and Q & A.	Allegheny
3:00 PM - 3:45 PM	<b>Teambuilding Experience and Team PSA Overview</b>	Festival Grand Ballroom
3:45 PM - 4:00 PM	<b>Break</b>	Festival Building
4:00 PM - 5:00 PM	<b>Action Planning for Youth Traffic Safety Programs</b> <ul style="list-style-type: none"> <li>- Overview/Directions</li> <li>- Advanced School Track: 24-25 School Year Reflection</li> <li>- Orientation Track: YOVASO 101</li> </ul>	-Festival Grand Ballroom -Highlands -Festival, Con. Rm 2 and 3
5:00 PM - 6:00 PM	<b>Dinner</b>	E-Hall
6:00 PM – 6:10 PM	Reconvene in Festival Ballroom	Festival Grand Ballroom
6:15 PM - 7:15 PM	<b>Motivational Speaker: Cara Filler</b>	Festival Grand Ballroom
7:15 PM - 7:30 PM	<b>Meet and Greet with Motivational Speaker</b>	Festival Grand Ballroom
7:30 PM - 8:00 PM	<b>Dorm Break- Prepare for Glow Stick Game</b>	Chandler Dorm
8:00 PM - 8:30 PM	<b>Team Reflection: “Think, Pair, Share”</b> <ul style="list-style-type: none"> <li>- Teams reflect on what they learned/how to put it into practice- Prepare to share!</li> <li>- Complete Day 1 Survey</li> </ul>	Upper & Lower Drums
8:30 PM - 9:45 PM	<b>Glow Stick Game</b> A team race to collect the most glow sticks before getting tagged out	Lawn Behind Festival Building
9:45PM - 10:00 PM	<b>Nightly Team Award Announced</b> <b>Day 2 Agenda Review</b>	Lawn Behind Festival Building
10:00 PM -11:00 PM	10:00 pm - Back to Dorms (showers and prep for day 2) 10:45 pm - Room Checks - must be in rooms. <b>11:00 pm - Lights Out!</b>	Chandler Dorm



Friday, July 18	Session	Location/Room
8:00 AM	<b>Team Roll Call</b> Teams meet outside dorm for roll call	Outside Chandler Dorm
8:10 AM-8:50 AM	<b>Breakfast</b>	E-Hall
8:50 AM- 9:00 AM	<b>Reconvene in the Ballroom</b>	Festival Grand Ballroom
9:00 AM- 10:30 AM	<b>VCU Project IMPACT</b> - Outdoor Portion – Mock Crash - Indoor Portion – Mock Trauma Bay	Festival Grand Ballroom/ C-12 Parking Lot
10:30 AM-11:00 AM	<b>Team Check-In</b>	Festival Grand Ballroom
11:00 AM-12:00 PM	<b>Teambuilding Experience- PSA Design and Goosechase</b>	Festival Grand Ballroom <i>*Cannot use Lawn or Upper/Lower Drum</i>
11:00 AM-12:00 PM	<b>Sponsor/SRO Session</b> “Talk Saves Lives – Introduction to Suicide Prevention”, hosted by Sheila Lythgoe, Blue Ridge Behavioral Health	Allegheny
12:00 PM-12:50 PM	<b>Lunch</b>	E-Hall
12:50 PM-1:00 PM	<b>Reconvene in the Ballroom</b>	Festival Grand Ballroom
1:00 PM- 2:00 PM	<b>Alcohol Awareness for Students- presented by Washington Regional Alcohol Program (WRAP)</b> A multi-media outreach offering using an interactive presentation and “Fatal Vision” goggles to educate teens on the dangers and consequences of underage drinking and impaired driving.	Festival Grand Ballroom
2:00 PM – 2:15 PM	<b>Break</b>	Festival Building
2:15 PM - 2:45 PM	<b>Christy King, Christopher King Foundation Presentation</b>	Festival Grand Ballroom
2:45 PM - 4:00 PM	<b>Action Planning for Youth Traffic Safety Programs</b> <i>Four mini sessions to build leadership skills for your club</i> - Mock Media Interviews - Highlights from a Successful Club - Event/Project Planning - Overcoming Problems/Obstacles Q/A	Ballroom B/C side, Ballroom A side, Highlands, Allegheny
4:00 PM – 4:15 PM	<b>Reconvene with Teams</b>	Outside Festival Ballroom
4:15 PM - 5:00 PM	<b>Traffic Safety Session with Virginia State Police</b> Troopers lead station covering topics dealing with traffic stops, vehicle maintenance, car crash protocol, etc.	C-12 Parking Lot
5:00 PM - 6:00 PM	Dinner	E-Hall
6:00 PM – 6:50 PM	<b>Teambuilding Experience- PSA Design and Goosechase</b>	Festival Grand Ballroom Upper/Lower Drum <i>*Cannot use Lawn</i>
6:50 PM – 7:00 PM	<b>Reconvene in Festival Ballroom for Amazing Race Directions</b>	Festival Grand Ballroom
7:00 PM - 8:30 PM	<b>Amazing Race: Surf's Up!</b> Teams will work to solve clues and complete a variety of traffic safety and fun beach-themed stations	Race will take place in various locations
8:30 PM- 8:45 PM	<b>Break</b> <i>Students prepare for Talent Show</i>	Upper/Lower Drum
8:45 PM - 9:00 PM	<b>Team Reflection: “Think, Pair, Share”</b> - Teams reflect on what they learned/how to put it into practice - Complete Day 2 Survey / Review Agenda for Day 3 - YL report out on Team Reflection	Upper/Lower Drum
9:00 PM - 10:00 PM	<b>YOVASO's Got Talent, Annual Talent Show</b> Students showcase their talent - music, dance, skits, etc.	Lower Drum
10:00 PM - 11:00 PM	<b>Back to Dorm/Lights Out.</b> 10:00 PM - Back to Dorms (showers/prep for day 3) 10:50 PM- Room Checks begin <b>11:00 PM - Lights Out!</b>	Chandler Dorm



Saturday, July 19	Session	Location/Room
7:30 AM	<b>Team Role Call - Teams meet outside dorm for roll call</b> <b>*Wear Retreat Shirt today!</b>	Outside Chandler
7:45 AM -8:30 AM	<b>Breakfast</b>	E-Hall
8:30 AM -8:45 AM	<b>Reconvene in Ballroom for Interactive Station Instructions</b>	Festival Grand Ballroom
8:45 AM -11:50 AM	<b>Outdoor/Indoor Interactive Stations</b> Teams rotate through a series of interactive stations focused on driver and passenger safety	C12 Parking Lot – Outdoor Stations Indoor Stations- Ballroom
11:50 AM - 12:50 PM	<b>Lunch</b>	E-Hall
12:50 PM - 1:00 PM	<b>Reconvene in Ballroom</b>	Festival Grand Ballroom
1:00 PM - 2:15 PM	<b>Advanced Club Track:</b> <b>Action Planning for Club Youth Traffic Safety Programs</b> Students meet with their school teams to begin planning for the upcoming year.	Allegheny/ Upper Drum/ Classroom A, B and C  <i>*cannot use Lower Drum</i>
1:00 PM - 2:15 PM	<b>Orientation Track for New/ Non-Club Students</b> Mystery Box Challenge Safe Driving Activity	Festival Grand Ballroom
2:15 PM – 2:30 PM	<b>Directions and Break into Groups for YAC Session</b>	Outside Festival Building
2:30 PM – 3:45 PM	<b>Introduction to the YOVASO Youth Advisory Council</b> YAC members and Regional Trainers talk about the council's role, its mission, and the benefits of serving on YAC	Conference Room 2 & 3, Allegheny
2:15PM - 3:15 PM	<b>Sponsor/SRO Session:</b> "Be a Resilience Champion" Hosted by Sheila Lythgoe, Blue Ridge Behavioral Health	Allegheny
3:15 PM – 3:30 PM	<b>Group Photo</b> <i>All Retreat participants, including adults, need to be present</i>	Lawn
3:15PM - 3:45 PM	<b>GooseChase Experience- PSA</b> <i>*Before going to break, send your video to Callie!</i>	Lawn /Chandler Dorm
3:45 PM - 5:45 PM	<b>Free Time</b> Free time and dress for the Awards Banquet	Chandler Dorm
5:45 PM	<b>Retreat Participants arrive for Awards Banquet</b> Check out the photo booth!	Festival Grand Ballroom
6:00 PM - 8:00 PM	<b>2025 YOVASO Awards Banquet</b> "Honoring Those Making a Splash for Safe Teen Driving"	Festival Grand Ballroom
8:00 PM - 8:30 PM	<b>Break-Change for PJ Party</b>	Chandler Dorm
8:30 PM - 8:45 PM	<b>Team Reflection: "Think, Pair, Share"</b> - Teams reflect on what they learned/how to put it into action. - Complete Day 3 Survey / Review Agenda for Day 4. - YL report out on Team Reflection.	Outside of Festival Grand Ballroom
8:45 PM -10:00 PM	<b>Pajama Party Night hosted by DJ Jeff Brown!</b>	Festival Grand Ballroom
10:00 PM -11:00 PM	10:00 PM - Back to Dorms (showers/prep for day 4) 10:50 PM - Room Checks - must be in rooms <b>11:00 PM - Lights Out!</b>	Chandler Dorm



<b>Sunday, July 20</b>	<b>Session</b>	<b>Location/Room</b>
7:30 AM	<b>Team Role Call</b>	Outside Chandler Dorm
7:45 AM - 8:30 AM	<b>Breakfast</b>	E-Hall
8:30 AM - 8:45 AM	<b>Reconvene in the Ballroom</b>	Ballroom A
8:45 AM -10:00 AM	<b>TJohnE ThinkFast Gameshow</b> <ul style="list-style-type: none"> <li>- A multi-media show jeopardy style with questions on traffic safety and pop culture.</li> <li>- Teams compete to correctly answer questions about traffic safety facts learned during the Retreat.</li> <li>- The top teams make it to the final ThinkFast round to win gift cards.</li> </ul>	Ballroom A
10:00 AM - 10:45 AM	<b>Teambuilding Experience - PSA Video Showcase</b> Team PSAs will be shared with retreat group	Ballroom B & C
10:45 AM -11:05 am	<b>Final “Think, Pair, Share” Team Reflection</b> <ul style="list-style-type: none"> <li>- Teams work together to reflect on the Retreat and students provide a personal overview of their experience.</li> <li>- Teams review the importance of the YOVASO mission, how each student can make an impact on the problem, and ways to use the information learned in their schools and communities.</li> </ul>	Ballroom B & C
11:05 AM -11:30 AM	<b>Retreat Review and Closing</b> <ul style="list-style-type: none"> <li>- Final recap of Retreat goals</li> <li>- YLs report on team reflection session and how students plan to use the information they learned during the week</li> <li>- Complete final Retreat Survey</li> </ul>	Ballroom B & C
11:30 AM – 12:30 PM	<b>Reconvene at Dorm to Pack</b>	Chandler Dorm
11:40 AM - 12:30 PM	<b>Retreat Check- Out</b>  <b>Do not leave without turning in key at the Check-out Desk!</b> <b>Students must be picked up no later than 12:30 PM</b>	Chandler Dorm  <i>Proceed through Check-Out at same location as Check-In</i>