

# FOLLOW THESE TIPS TO...

## KEEP YOUR VIBE *alive!*



01

### Always Buckle Up

Seat belts are your best defense against death and serious injury in a crash. The CDC states you are 50% more likely to survive a crash when wearing a seat belt.



02

### Speak Up

If you ever feel unsafe riding in a vehicle with someone, you have a right to speak up and let them or an adult caregiver know.



03

### Avoid Being a Distraction

When riding in a vehicle, avoid distracting the driver by talking quietly and not asking them to take their attention off the road.



04

### Assist with Navigation

If you're going on a trip or even somewhere local that you've never been, assist the driver by working the GPS and/or watching for road signs, etc.



05

### Follow Passenger Laws

Virginia's GDL Law restricts teens to only 1 passenger under age 21 during the first full year of driving, unless accompanied by a licensed parent.